



Venkat Charmalaya

Centre For Advance Dermatology

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HAIR TRANSPLANTATION: INSTRUCTION FOR PATIENTS AFTER BOOKING.

1. Make sure you have obtained all the information you need; visit our web site www.bangalorehairtransplant.com us on 080-23392788/23392416/41148848/9845363520 or visit us for any clarification.
2. **The following Blood Tests need to be done before surgery: Hb %, BT, CT, RBS, LFT, HBsAg, HIV-ELISA and ECG in all leads:** these are simple and routine tests, which may be done in any lab. It can be done with us also. Show the results to doctor prior to the surgery or scan the results and send by email to mysorevenkat@gmail.com.
3. You will have to sign a consent form before surgery (see attachment).
4. If you need hotel accommodation, it can be arranged by our staff.
5. Discuss with our staff how you wish to make final payment.
6. Any change in date, once booked, can be done only if informed well in advance (14 days). Last minute request for change of date may result in forfeiting the advance.

Pre operative instructions:

1. If you have dandruff, use KZ/Arcolane/Scalpe Shampoo daily for 3 days before surgery.

2. Those who have visited us will have been given a vitamin tablet (folliderm or other), finasteride tablet and a shampoo- keep taking them. Stop minoxidil lotion 2 weeks before surgery, if you are already applying.
3. If you have any Medical Problems inform the doctor, do not take any drugs before surgery, unless prescribed by a doctor.
4. Relax; avoid exertion on the day before surgery.
5. Take easily digestible food on the day before surgery: Dal, Rice, Rasam, Sambar and vegetables-avoid spicy food.
6. Avoid smoking/Alcohol, for a week before surgery.
7. Take a good night sleep the night before surgery.

On the day of surgery

1. Reach the centre by the time informed to you; do not be late. PLEASE COME ON TIME.
2. Ask clinic for directions- visit our website/google maps for directions
3. **IMPORTANT: Do not come on empty stomach. COME ON A FULL STOMACH. Have proper lunch/breakfast depending on the time of arrival**
4. Wear comfortable loose fitting pant and shirt with buttons, don't wear t-shirt.
5. Don't bring any valuable things (gold items) in your bags/ shirt to the clinic, if you have handed over to nurse for safe custody.
6. You may bring any VCD/DVD of your choice to watch during the surgery.
7. On arrival, our nurse will prepare the skin and hairs and also put a cream to induce anesthesia –this cream needs one hour to work, which is why coming to clinic is important.
8. Surgery will take about 3-5 hours.
9. **You may travel back in auto/car/taxi but not on two-wheeler; you cannot drive after surgery when you go back to home, nor can sit on pillion; if you wish to go by city taxi, ask at our front office.**
10. There is no need for any one else to accompany you; however, if you wish to bring any friend/ relatives, you are welcome.